

Update 6 (20th of February 2020)

Information about Infection disease COVID-19 (novel coronavirus)



Force Health Protection Branch FHPB (former DHSC) NATO MILMED COE in Munich 20th of February 2020

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December 2019, a novel coronavirus emerged in Wuhan City, China. Since than the virus spread to 25 countries including Europe and the US. Since than the virus showed evidence for human-to-human transmission as well as evidence of asymptomatic transmission. At 30th January 2020 WHO declared a Public Health Emergency of International Concern. The disease was formally named COVID-19 on 11th of February. The virus itself has been named SARS-CoV-2.

HIGHLIGHTS/NEWS

- Iran reported their first case of COVID-19 past 24 hours.
- Since the last update, the daily number of laboratory confirmed cases dropped. That could be because of a true decrease in the spread of the virus, as well due to diagnostic limitations being reached in China.
- Since 17th of February reported cases include both laboratory-confirmed (as previously reported), and clinically diagnosed (currently only applicable to Hubei province China). That change in reporting could now been shown in figures. That leads to a large increase in cases compared to the prior infectious disease information.
- WHO developed guidance documents for managing public health events at Points of Entry and mass gatherings, as well as for the work of health care workers. On that website, you will find Handbooks for the management of Public Health events in air transport, maritime sector and for the inspection of ships and issuance of ship sanitation certificates. <u>https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/points-of-entry-and-mass-gatherings</u> <u>https://www.who.int/docs/default-source/coronaviruse/who-rights-roles-respon-hwcovid-19.pdf?sfvrsn=bcabd401_0</u>

Risk Assesment				
China	Very high			
Regional Level	High			
Global Level	High			
Europe	Moderate			

GLOBALLY

75 744

confirmed cases

2 128 death

Dated: 20.02.2020

CHINA

74 595 confirmed cases (including 62 031 from Hubei province)

2 120 death

EU/EEA and the UK

45 confirmed cases

one death (France)

US, Canada and Australia

38 confirmed cases

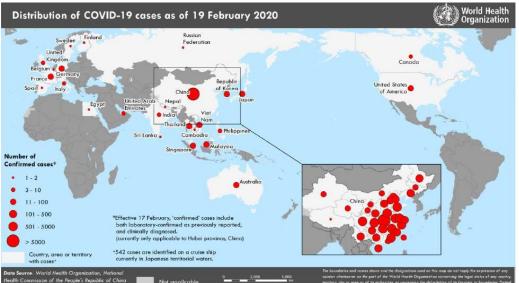
Outside of CHINA total

1 149

confirmed cases

29 countries 10 death

Geographical distribution of COVID-19 cases - worldwide



	Mage Preduction: WHO House Programme Service and Antiparticity of the formation of the form					
Continent	Country	Confirmed cas	ses*	Death	Comments	
Asia	China	74 595	↑	2120		
Asia	Cambodia	1	\rightarrow	0		
Asia	Hong Kong	65	↑	2		
Asia	India	3	\rightarrow	0		
Asia	Iran (Islamic Republic of)	2	new	2		
Asia	Japan	84	\uparrow	1		
Asia	Масао	10	\rightarrow	0		
Asia	Malaysia	22	\rightarrow	0	21 cases locally acquired	
Asia	Nepal	1	\rightarrow	0		
Asia	Philippines	3	\rightarrow	1		
Asia	Republic of Korea	82	1	0	28 cases locally acquired	
Asia	Singapore	84	\uparrow	0		
Asia	Sri Lanka	1	\rightarrow	0		
Asia	Taiwan	24	1	1		
Asia	Thailand	35	\rightarrow	0		
Asia	United Arab Emirates	9	\rightarrow	0		
Asia	Vietnam	16	\rightarrow	0		
Others	Cases on an international	621	1	2		
	conveyance Japan					
Europe	Belgium	1	\rightarrow	0		
Europe	France	12	\rightarrow	1	7 locally acquired	
Europe	Finland	1	\rightarrow	0		
Europe	Germany	16	\rightarrow	0	14 cases locally acquired	
Europe	Italy	3	\rightarrow	0		
Europe	Russia	2	\rightarrow	0		
Europe	Spain	2	\rightarrow	0		
Europe	Sweden	1	\rightarrow	0		
Europe	United Kingdom	9	\rightarrow	0	3 locally acquired	
America	Canada	8	\rightarrow	0		
America	United States of America	15	\rightarrow	0		
Oceania	Australia	15	\rightarrow	0		
Africa	Egypt	1	\rightarrow	0		
Total		75 744		2 128		
*Confinenced	an an fair Obina in aluda bath labarat	a m (a a m finne a al a m al a	12	· · · · · · · · · · · · · · · · · · ·	d cases (currently only applicable to Hubei	

*Confirmed cases for China include both laboratory confirmed and clinically diagnosed cases (currently only applicable to Hubei province)

Bullet Points	S
Situation CHINA	 The graph on the right side shows the leap up of the case numbers at 13th of February, as mentioned at the last update. That leap is because of the changed case definition for China, as they now count not only laboratory confirmed but also clinically suspected cases of pneumonia as confirmed but also clinically suspected cases. Now we could see a downward trend in cases. The future trend has to been monitored closely before there will be a reliable assessment. The Influence of the parallel occurring Influenza season on the Northern hemisphere on COVID-19 Infections flow is currently uncertain. A severely downfall in case numbers compared to last season is visible (see FluNet graph right side). It is likely to early to assess whether this is due to a delay in reporting or diagnostic limitations being reached in China. A true decrease of case numbers is unlikely. CHN official announced that over x0.000 extra medical personal was send to Hubei, including over 7.000 CHN military personal.
Global Situation	 As mentioned before, since 17th of February reported cases in China include both laboratory-confirmed and clinically diagnosed cases. That change in reporting could now been shown in figures (see right graph). Two elderly Japanese passengers from the "Diamond Princess" cruise ship died because of the virus disease. Both were Japanese in their 80s, and had existing chronic diseases. First negative tested passengers could leave the ship yesterday after their quarantine. People with a positive test and symptoms will be hospitalized in Japan. Contact persons need to remain in quarantine. Nations planning on evacuate those to quarantine them in their home countries. The 2.300 passengers on the cruise ship "World Dreams" who have been under quarantine in Hong Kong were all tested negative on Friday and were allowed to leave the ship. Afterwards a 83 year old American citizen was tested positive at the airport and she and her husband are now under quarantine in Malaysia. Case numbers outside China are mostly stable. Iran reported their first case, both patient died due to the virus.

Infection	Coronavirus affects the respiratory tract of animals and humans mostly results in a dry cough, fever and cold-like symptoms. Rarely a sever pneumonia and respiratory distress with need of intensive care and consequent death is possible. Estimated 10 -15% of common colds are through to be due to Coronavirus infections, globally.			
	• It's almost certain that the transmissibility of the Virus occurs also in patients with mild or beginning symptoms. These patients assume themselves as not sick enough to go on sick call and can become a threat for other humans.			
	 Incubation time of the virus lies between 2-14 (WHO) and 2-12 (ECDC) days. A transmission can also take place during this time. © Bundeswehr Institute of Microbiology / Essbauer, 			
	Information and technical guidance for Laboratory testing for COVID-19 in humans you could find under: <u>https://www.who.int/emergencies/diseases/novel-coronavirus-</u> <u>2019/technical-guidance/laboratory-guidance</u> Kahlhofer EM picture of SARS-CoV-2			
	 SMEs at the last week WHO meeting in Geneva announced 4 possible vaccines against SARS- CoV2/COVID-19 for further development. First human testing should be possible in three to four month. An official certified vaccine will be available earliest in 18 month from now. 			
Case definition	You will find the WHO case definition "Global Surveillance for human infections with novel coronavirus" from 31 January 2020 enclosed to this report. Case definition of ECDC you will find under following Link: https://www.ecdc.europa.eu/en/case-definition-and-european-surveillance-human-infection-novel-coronavirus-2019-ncov			
	 Suspected case: patient with severe acute respiratory infection <u>AND</u> with no other ethology that fully explains the clinical presentation <u>AND</u> a history of travel to or residence in China during the 14 days prior to symptom onset <u>OR</u> were in close contact with a confirmed or probable case of SARS-CoV-2 infection <u>OR</u> worked or attended a health care facility where patients with SARS-CoV-2 infections were being tested. 			
	 Probable case: Suspected case for whom testing for2019-nCoV is inconclusive1 <u>OR</u> is tested positive using a pan-coronavirus assay and without laboratory evidence of other respiratory pathogens. 			
	• <u>Confirmed case:</u> A person with laboratory confirmation of 2019-nCoV infection, irrespective of clinical signs and symptoms. Algorithm for management of contacts of probable or confirmed COVID-19 cases; Source: ECDC			
	 Be aware that every contact person needs to be monitored for at least 14 days. Enclosed you will find a list of the official WHO laboratories. There are also national reference laboratories which are capable to prove an infection of SARS-CoV-2. 			
Strategic	Strategic objectives for response by WHO are:			
	• Limit human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events, and preventing further international spread from China*;			
	• Identify, isolate and care for patients early, including providing optimized care for infected patients;			
	Identify and reduce transmission from the animal source;			
	• Address crucial unknowns regarding clinical severity, extent of transmission and infection, treatment options, and accelerate the development of diagnostics, therapeutics and vaccines;			

	Communicate critical risk and event information to all communities and counter misinformation;			
	Minimize social and economic impact through multisectoral partnerships.			
	*This can be achieved through a combination of public health measures, such as rapid identification, diagnosis and management of the cases, identification and follow up of the contacts, infection prevention and control in health care settings, implementation of health measures for travellers, awareness-raising in the population and risk communication.			
	Further strategic measures:			
	 Vaccination against influenza should be controlled and recommended for soldiers in theatres. Influenza results in similar symptoms as COVID-19 therefor it could not only have a personal protective effect but prevent unnecessary suspected cases and easing the burden for healthcare. 			
Recommendation	Preventive measures are the same as for other viruses circulating at this time of the year such as Influenza. Following recommendations can all contribute to interrupting transmission of COVID-19 and a wide range of other infectious diseases:			
	 Avoiding close contact with people suffering from acute respiratory infections. Frequent hand-washing, especially after direct contact with ill people or their environment. Avoiding unprotected contact with farm or wild animals. People with symptoms of acute respiratory infection should practice cough etiquette (maintain distance, cover coughs and sneezes with disposable tissues or clothing, and wash hands). Within health care facilities, enhance standard infection prevention and control practices in hospitals, especially in emergency departments. 			
Risk Assessment				
Traveller to China/Wuhan	• Risk area! ECDC considers the risk for people from the EU and UK travelling/resident in areas with presumed community transmission is currently high .			
Europe	The ECDC considered the risk associated with SARS-CoV-2 infection for people from the EU and UK currently to be low .			
	This assessment is based on the following factors:			
	• Since all cases reported in the EU have clearly established epidemiological links, the probability of transmission in the EU and the UK is considered to be very low .			
	• However, the impact of one or more infections resulting in sustained transmission in the EU would be moderate to high , especially for elderly populations with comorbidities, given that the reported case severity is high among these groups.			
	Source: https://www.ecdc.europa.eu/en/current-risk-assessment-novel-coronavirus-situation			
Global	• Because of high amount of touristic traffic and the potential human-to-human transmission the risk of further transmission is still persist.			
	IATA published a list of restriction for air touristic traffic. <u>https://www.iatatravelcentre.com/international-travel-document-news/1580226297.htm</u>			

References:

- European Centre for Disease Prevention and Control <u>www.ecdc.europe.eu</u>
- World Health Organization WHO; www.who.int
- Centres for Disease Control and Prevention CDC; <u>www.cdc.gov</u>